

# St Michael's Parish

19 Hayling Rise  
Worthing  
West Sussex BN13 3AL



## Parish Priest

Fr Chris Ingle 01903 264770

christopher.ingle@abdiocese.org.uk

## Deacon

Rev Mark Woods 01903 877801

mark.woods@abdiocese.org.uk

**Parish Office:** 01903 264770

**Email:** worthingstmichael@abdiocese.org.uk

**Website:** www.stmichaels-worthing.org.uk

**Hall Hire:** 01903 264770

Arundel & Brighton Diocesan Trust Charity  
No. 252878

**English Martyrs Primary School:**

Headteacher: Dr Helen Townsley

01903 502868

**St Oscar Romero Catholic School:**

Headteacher: Mr Pete Byrne

01903 241368

*Holy Michael, Archangel, defend us in the hour of battle,  
be our safeguard against the wickedness and snares of the devil*

## FIRST SUNDAY OF LENT

**8/9 MARCH 2025**

### Mass Times and Intentions for the week:

Saturday	6.00pm	Cyril Meadows RIP (TA)	
Sunday	9.30am	Roger Whisker RIP	<i>Please join us for coffee after Mass</i>
Monday	9.30am	Int. of Anna & Elizabeth & Friends (AG)	
Tuesday	9.30am	Holy Communion Service	
Wednesday	9.30am	Paddy Kearney RIP	<i>Rosary after 9.30am Mass</i>
Thursday	9.30am 10-11am	Frances Webber RIP Adoration	
Friday	9.30am 6.00pm 6.30pm	No Morning Mass Stations of the Cross CAFOD Fast Day Mass	<b>CAFOD Lent Fast Day</b>
Saturday	6.00pm	People of the Parish	

**Reconciliation:** Saturday 5.15 – 5.45pm, Wednesday after Mass and on request.

**Please pray for parishioners and loved ones who are sick:** Thelma Dines, Hilary Kepa, Alex Woods, Catherine Beviss, Barry Parsons, Pat Fitzpatrick, Dave Hall, Denise Caruana, Chris Romanchek, Alan Roberts, Anna Thompson, Mike and Jess Donlevy, T L Mallillin, Tony Holley, Jon Webb, Peter T, Deirdre Hussey, Tim & Claire Key, Geoffrey Clark, David Jarman, Brian Johnstone, Sue Dixon, Susan B, Cathy H, Michael Lambe, Antoinette McLaughlin, Robert Gibson, Lucie Elliott, Leslie Sarcoe, Joan Nixon, Seamus Lardner, Peter Goldsworthy, Anne Jewson, Joan Worthington, Mary Wilson, Janet Stephens, Terry Kilgallon.



**For those who have died recently:** Fr Terence McLean-Wilson, Michael Hanrahan, Fr Ollie Heaney, Kathleen Osborn, Christina Spanton, Roger Whisker, Dorothy and Ulis Morgan, Pam Gill, Frances Webber, Anne Jolly, Paddy Kearney, Henri Adelaide, Gill Whelan, **and for those whose anniversaries occur at this time:** Cecilia Donlevy, Rex and Gloria Atkinson, Joyce Bowen, Constance Webb, Bridget & Francis Cunningham, Margaret Wheeler, Doris Symons, Marie Sutcliffe, David Curtis, Brian Roberts, Catherine McGoohan, Krissie White.

**Thank you for your generosity last weekend**

SVP Appeal: £510

**Thank you for your generosity to the Parish in February**

Offertory (Plate, DCP, Standing Orders): £2,855.67 Donations, inc Building Restoration Fund: £210.50

### LIVE STREAMING OF MASSES

Our weekend Masses and the Tuesday Holy Communion Service are being Live Streamed and Recorded. These are available for 7 days on our YouTube channel [St Michael's Catholic Church Worthing](#). Please note that you will appear in the live stream/recording if you are serving on or stand on the

sanctuary/altar at any time or sit in the benches behind the reader's lectern. Please ensure you give consent for any children visible in the recording by signing a parental consent form which can be found in the entrance foyer and on our [website](#). Please hand completed forms to Father Chris.

## WELCOME TO ST MICHAEL'S

We have a car park at the rear of our church which you are encouraged to use, to keep good traffic access in Hayling Rise for our neighbours, buses, and emergency vehicles. Please keep visibility on our driveway clear by not parking close to the entrance either on the driveway or on Hayling Rise. Thank you.

## CHILDREN'S LITURGY

Our Parish Safeguarding Representative advises that, in accordance with Diocesan guidelines, until we have DBS checked volunteers to run Children's Liturgy, then a **parent/guardian must attend with their child** and ensure they take responsibility for them during that time. Any parishioners who would like to join the liturgy rota, please speak to Fr Chris.

**HEALING SERVICE** after Masses this weekend.

## FIRST HOLY COMMUNION PREPARATION

The next session of preparation will be on **Saturday 15 March** at 10am in the Hall, followed by 9.30am Mass on **Sunday 16 March**. The full programme can be viewed on our website in the Sacraments/Eucharist section here.

## CONFIRMATION

We warmly welcome our young people preparing to be Confirmed this year in Arundel Cathedral to an **Evening of Reflection with Bishop Richard** at St Michael's on **Friday 7 March** from 7.30 – 9.15pm. The St Michael's Confirmation Programme can be viewed on our website in the Sacraments/Confirmation section here.

## LENT

Full details of 'Lent at St Michael's' can be viewed on our website home page, some copies are also available in the Foyer.

## DEANERY LENT SERVICE OF RECONCILIATION

You are warmly invited to the Worthing Deanery Lenten Service of Reconciliation, with Bishop Richard on **Wednesday 26 March**, 7pm, here at St Michael's.

## EXTRAORDINARY MINISTERS OF HOLY COMMUNION

We are in need of some more Extraordinary Ministers of Holy Communion [often known as Eucharistic Ministers] for St Michael's. If you feel able to help with this ministry would you let Fr Chris or Deacon Mark know and there will shortly be preparation meetings with Deacon John Body at the Holy Family Church in Lancing.

## CAFOD LENT SOUP LUNCH

If you would like to join together with others in our parish in raising money for CAFOD, we will be sharing a simple soup lunch in the Parish Hall every Wednesday through Lent at 12 noon.

## CAFOD FAMILY FAST DAY MASS

Join us at 6.30pm on **Friday 14 March** for a CAFOD Family Fast Day Mass followed by simple soup supper in the Parish Hall. All welcome.

## CAFOD LENT APPEAL – FAMILY FAST DAY COLLECTION



Please donate to our Family Fast Day parish collection and be a pilgrim of hope with CAFOD this Jubilee Year. You'll be supporting communities experiencing the impacts of war, poverty and climate change to find solutions and hope. Use the CAFOD envelope in church, (**weekend 15/16 March**) donate online at [cafod.org.uk/envelope](https://cafod.org.uk/envelope) or call us on 0303 303 3030. You can also text CAFODLENT to 70085 to donate £10.

## PARISH EVENT – Saturday 22 March

Dear Parishioners, we plan to hold a social evening for all the parish on **Saturday 22 March** from 7.30pm to 10pm in the Parish Hall. Tickets £5 each. Children over 12 welcome. Please feel free to bring your own snacks and drinks. Owing to Health and Safety policy, numbers are limited to 75. Tickets on sale after Masses from this weekend, on a first come first served basis. Music will be provided by our resident DJ, Fr Chris. Richard C and his fellow musicians will play throughout the evening. *Queries to Jo 692866 or Frances 695211.*

## LENTEN RETREAT DAY - Wednesday 26 March.

Bread of Heaven: a day of spiritual nourishment led by Roger Hagon at Sussex Heritage Centre Arundel BN18 9QY. From 10am to 4pm. Cost £15 to include refreshments and lunch of soup and bread. See [www.sussexheritage.co.uk](https://www.sussexheritage.co.uk). To book contact Maria by email or on 07413 267267

## MEN'S WAY OF THE CROSS - Friday 11 April 2025

Eastbourne Catholic Parishes are organising a way of the cross event for men to which we would like to invite you. Join us on this 5-6 hour night walk of the stations of the cross along the hills of beachy head. For more information visit:

<https://christthekingeastbourne.org/mens-way-of-the-cross/>

## JUBILEE YEAR PILGRIMAGE

Bishop Richard is leading a special Jubilee Year pilgrimage to Walsingham this summer (Friday 6 June to Sunday 8 June), with people across our community of faith invited to mark the 60th anniversary of our diocese and Pilgrims of Hope Jubilee Year.

The [Shrine of Our Lady at Walsingham](https://www.abdiocese.com/walsingham) was once one of the four principal shrines of Christendom, along with Rome, Jerusalem and Compostela. Today, the Shrine attracts some 150,000 pilgrims during the pilgrimage season. Walsingham is a great Marian Shrine of the Incarnation and a place of pilgrimage for all who would rejoice with Mary at the great joy of the Annunciation. To find out more and book your place, please click here: [abdiocese.churchsuite.com/events/ocoptzuu](https://abdiocese.churchsuite.com/events/ocoptzuu)

## BEGINNING EXPERIENCE WEEKEND

**4-6 April at the Sion Community, Essex**

Beginning Experience is a special residential weekend programme for widowed, separated and divorced people, which helps participants with natural feelings of grief and loss. The weekend is led by trained volunteers, who have experienced having to adjust to life as single people again. For further details please contact: Mary T: 07730 884315, or email E: [BeginningExperience.SoE@gmail.com](mailto:BeginningExperience.SoE@gmail.com).

## PARISH SUMMARY OF ACCOUNTS 2024

St Michael's Parish Finance Committee have prepared a summary of the Parish accounts for 2024. Copies are available in the foyer and may be viewed on the 'Parish Life/Support Our Parish' section of our [website](#).

## GIFT AIDING INCREASES YOUR PARISH DONATION

Do you use the Digital Collection Plate? It's a simple one-off operation to Gift Aid all your eligible future giving! Just enter your contact details when prompted - you can cancel at any time. Thank you!

## RETIRING COLLECTION

No retiring collection this weekend. CAFOD Lent Fast Day envelopes and other contributions will be collected as you leave Mass next weekend.