

# St Michael's Parish

19 Hayling Rise  
Worthing  
West Sussex BN13 3AL



**Parish Office:** 01903 264770

**Email:** [worthingstmichael@abdiocese.org.uk](mailto:worthingstmichael@abdiocese.org.uk)

**Website:** [www.stmichaels-worthing.org.uk](http://www.stmichaels-worthing.org.uk)

**Hall Hire:** 01903 264770

## Parish Priest

Fr Chris Ingle 01903 264770

[christopher.ingle@abdiocese.org.uk](mailto:christopher.ingle@abdiocese.org.uk)

## Deacon

Rev Mark Woods 01903 877801

[mark.woods@abdiocese.org.uk](mailto:mark.woods@abdiocese.org.uk)

Arundel & Brighton Diocesan Trust Charity  
No. 252878

## English Martyrs Primary School:

Headteacher: Dr Helen Townsley  
01903 502868

## St Oscar Romero Catholic School:

Headteacher: Mr Pete Byrne  
01903 241368

*Holy Michael, Archangel, defend us in the hour of battle,  
be our safeguard against the wickedness and snares of the devil*

## SECOND SUNDAY IN ORDINARY TIME

**17/18 JANUARY 2026**

Mass Times and Intentions for the week:

Saturday	6.00pm	People of the Parish	<b>St Antony, Abbot</b>
Sunday	9.30am	Ian Penny RIP (CGD)	<b>Peace Day</b> <i>Please join us for coffee after Mass</i>
Monday	9.30am	Fr Gerry Coates RIP	
Tuesday	9.30am	Holy Communion Service	
Wednesday	9.30am	Libby Nutland RIP	<b>St Agnes, Virgin, Martyr</b> <i>Rosary after 9.30am Mass</i>
Thursday	9.30am 10-11am	Fr Gordon Brayshaw RIP Adoration	
Friday	5.00pm	Private Intention	<i>No Morning Mass, Mass at 5pm</i>
Saturday	6.00pm	Nicola Maloney RIP (A&CM)	<b>St Frances de Sales, Bishop, Doctor</b>

**Reconciliation:** Saturday 5.15 – 5.45pm, Wednesday after Mass and on request.

**Please pray for parishioners and loved ones who are sick:** Gerry Price, Rusty Mallin, Sue Flynn, Sandra Holley, David Malandain, Samuel Bezarto, Sylvia Petty, Eileen Woodman, Pauline Nickolls, Glenis Attwell, Ve Soanes, Susan Pierce, Joanna J, Brian Pollard, Sandra Smith, Walter and Marie Hindle, Olga Kearney, Denis & Jackie Key, Kerry Thomson, Catherine Beviss, Pat Fitzpatrick, Dave Hall, Chris Romanek, Alan Roberts, T L Mallillin, Tony Holley, Geoffrey Clark, Brian Johnstone, Susan B, Cathy H, Michael Lambe, Antoinette McLaughlin, Robert Gibson, Lucie Elliott, Leslie Sarcoe, Joan Nixon, Seamus Lardner, Anne Jewson, Joan Worthington, Mary Wilson, Janet Stephens, Terry Kilgallon.



**For those who have died recently:** Libby Nutland, Anthony Scrivens, Mike Stanbridge, Gloria Saro Gonzalez, Catherine Dawbarn, Betsy Badminton, John Kingsbury, Ellen O'Hagan, Denise Caruana, Benjamin Hibbert **and for those whose anniversaries occur at this time:** David Carr, Julia Crouch, Albert Crouch, Joy Ruff, Teresa Webb, Dorothy McGregor, James McGrath, John Golden, Vera Golden, Winifred Aherne, Noraida Gallego, Joe Power, Anne Moss, Frances Carr, Pam Jenner, Raymond Boddy, Bernardo Carlos, Stanley Damario, Teresa Donnelly, Patrick Phelan, Dave Davy.

**Thank you for your generosity last weekend**

## LIVE STREAMING OF MASSES

Our weekend Masses and the Tuesday Holy Communion Service are being Live Streamed and Recorded. These are available for 7 days on our YouTube channel [St Michael's Catholic Church Worthing](https://www.youtube.com/@stmichaelscatholicworthing). Please note that you will appear in the live stream/recording if you are serving on or stand on the sanctuary/altar at any time or sit in the benches behind the reader's lectern. Please ensure you give consent for any children visible in the recording by signing a parental consent form

which can be found in the entrance foyer and on our [website](#). Please hand completed forms to Father Chris.

## WELCOME TO ST MICHAEL'S

We have a car park at the rear of our church which you are encouraged to use, to keep good traffic access in Hayling Rise for our neighbours, buses, and emergency vehicles. To protect our grass, **please do not park on the grassed areas during the winter months**. Please keep

visibility on our driveway clear by not parking close to the entrance either on the driveway or on Hayling Rise.

#### CHILDREN'S LITURGY

Our Parish Safeguarding Representative advises that, in accordance with Diocesan guidelines, until we have DBS checked volunteers to run Children's Liturgy, then a **parent/guardian must attend with their child** and ensure they take responsibility for them during that time. Any parishioners who would like to join the liturgy rota, please speak to Fr Chris.

#### SAFEGUARDING MINISTRY

Just a reminder to us all of our safeguarding ministry and responsibility to our children, our young people and to those who are vulnerable here at St Michael's and within our communities. Our responsibility to value everyone and to support and protect them. Mrs Joanna Malandain is our Safeguarding Representative to help and to support us in this ministry and responsibility.

#### BISHOP RICHARD

We continue to keep Bishop Richard in our prayers and in our hearts as we give thanks for his wonderful ministry amongst as he prepares to take up his appointment as the Archbishop of Westminster. Bishop Richard writes to say, 'It has been a real privilege for me to serve you all during these last ten years and I shall be sad to leave the Diocese. May I thank you for all the support, patience and understanding you have shown to me over these years as we have journeyed together. I know I can rely on your prayers as I prepare for new responsibilities, and I assure you of my prayers for all that you do in the service of the Church in the Mission that the Lord has entrusted to us all.'

#### PEACE SUNDAY

This **Sunday, 18 January**, is Peace Sunday. The Bishops' Conference encourage us all to use the day to reflect on the Pope's message for the World Day of Peace on 1 January. Pope Leo's theme for his message is **'Peace be with you all: towards an 'unarmed and disarming' peace'**. To hear the full message or to donate to Pax Christi visit <https://paxchristi.org.uk/peace-sunday-2026/>

#### EXPOSITION AND BENEDICTION

Exposition and Benediction next **Sunday 25 January**, 4-5pm.

#### FIRST HOLY COMMUNION PREPARATION

If your child is in Year 3 or above and would like to make their First Holy Communion at the 11am Mass on **Sunday 7 June**, please would you email your details to the Parish Office. The programme begins with a Parents First Holy Communion Meeting on **Thursday 29 January**, at 7.30pm in the Hall. This is followed by the first session for the children on **Saturday 31 January** at 10am in the Hall. The full programme can be viewed on our website in the Sacraments/Eucharist section [here](#).

#### CONFIRMATION

We warmly welcome our young people wishing to be Confirmed this year in Arundel Cathedral on **Sunday 5 July**, to the first preparation session here at St Michael's Hall on **Sunday 8 February**, 5-6.30pm. The full programme can be viewed on our website in the Sacraments/Confirmation section [here](#).

#### MASS OF THANKSGIVING FOR BISHOP RICHARD'S MINISTRY IN ARUNDEL & BRIGHTON, 30 January, 6.30pm, Arundel Cathedral

People across our diocesan family are invited to join a special Cathedral Mass of Thanksgiving celebrated by Bishop Richard, followed by a reception in the Baron's Hall, Arundel Castle, by kind permission of His Grace, the Duke of Norfolk. All are welcome - [abdiocese.churchsuite.com/events/c5a7autu](http://abdiocese.churchsuite.com/events/c5a7autu)

#### DAY OF REFLECTION FOR MINISTERS OF THE WORD

**Saturday 24 January 2026, 11-4pm**

#### St Michael's Church, High Salvington, Worthing BN13 3AL

Led by Catherine Christmas, Liturgy and Music Adviser. On the weekend of the [Sunday of the Word of God](#), this day will include talks on the Scriptures, the Lectionary and its use in the Liturgy, the Liturgy of the Word, and preparing to minister as a reader. There will be a time of Lectio Divina, and the day will conclude with the celebration of Mass. To book a place go to the Events page of the Diocesan website [www.abdiocese.org.uk/diocese/events](http://www.abdiocese.org.uk/diocese/events) or scan the QR code on the poster in the foyer. If you have any questions about this day, do not hesitate to contact Catherine Christmas at [catherine.christmas@abdiocese.org.uk](mailto:catherine.christmas@abdiocese.org.uk)

#### WEEK OF PRAYER FOR CHRISTIAN UNITY 2026

##### Praying together in Worthing

##### Sunday 25 January, 5-7pm, St Richard's Maybridge

On the second Sunday of the Week of Prayer for Christian Unity believers from this part of Sussex are invited to gather, meet and pray together using songs and prayers from the Taizé community. There will be a chance to meet, a short exploration of a piece of scripture and a time of prayer with songs from Taizé. Refreshments and soup at the end of the evening! All welcome.

#### HOLOCAUST MEMORIAL DAY

Please join Deacon Mark and St Michael's parishioner, Mayor Cathy Glynn-Davies on **Tuesday 27 January** at Beach House Park from 9.45am as they lead a Memorial Service which marks the anniversary of the liberation of Auschwitz-Birkenau, the largest Nazi death camp. For more information see <https://hmd.org.uk/hmd-theme-2026/>

#### BEREAVEMENT CAFÉ

The next Bereavement Cafe will take place on **Wednesday 28 January** at 3pm in the Parish Hall. It is an opportunity for anyone who has suffered loss to meet with others and chat in an informal setting over a cup of tea and cake. All welcome.

#### GRAND NEWS – a newsletter for all Grandparents in our Diocese

Copies in the foyer.

#### RTU – SPRING SALE

If anyone has any unwanted Christmas presents, chocolates or bottles of alcohol to donate please place under Elijah's jar for an RTU Spring sale. Date to be arranged. Contact Jenny 07709506199 for collections.

**CANCER RESEARCH FUNDRAISER:** On another note, I am completing 100 press-ups (on my toes!) per day to raise money for Cancer Research UK. I thought completing 100 press-ups per day would be easy, however it hurts! But I am determined to keep going and would really appreciate any donation you can give. Please click on this link: <https://fundraise.cancerresearchuk.org/page/jennys-giving-page-14093135> Many thanks, Jenny.

#### CAFOD - CHRISTMAS CARDS AT ST MICHAEL'S

Many thanks again to all parishioners who signed cards on the CAFOD display stand. With the £275.25 raised we have bought 2 goats, a 'marvellous Moo Cow', 'Water for a Family', 'Chirpy Chickens' and a 'Happy Queen Bee'. *Many thanks, St. Michael's CAFOD group*

#### RETIRING COLLECTION

This weekend the retiring collection will be for the Society for the Protection of Unborn Children (SPUC) White Flower Appeal. No retiring collection next weekend.

Scan this code to make an Offertory, General or 'second collection' donation to St Michael's

